



Adventure Day Fact Sheet

WHO – An innovative program designed especially for 5th graders (students approximately 10 years of age).

WHAT – Adventure Day develops the students ability to work effectively in a team, communicate with greater effectiveness and solve problems in a group setting. Through the use of adventure based experiential learning exercises, students *learn by doing* and with the guidance of experienced facilitators, students apply the lessons to their everyday personal, academic and social encounters. Physical strength is not necessary to accomplish the activities and the safety of the participants remains paramount throughout the day.

WHERE – The program is typically held at the school and utilizes two rooms (example: the normal classroom and one other room). All programs are held rain, cold, or heat. The teacher or school administrators should schedule rooms at the school ahead of time. The program will utilize both the scheduled inside areas as well as appropriate outside areas when weather permits.

WHEN - Dates scheduled by the teacher and/or principal. On the day of the event, the Adventure Day staff will start and end the program when the teacher specifies (see pre-event survey).

WHY – Adventure Day is designed to supplement and enhance current educational objectives as set forth in the North Carolina Standard Course of Study. Specifically, Adventure Day will address curricular needs in communication skills, library and second language, math, arts, science, healthful living, social studies and guidance. Since 1991, over 8,000 fifth graders have participated in the Adventure Day program. Adventure Day has been featured in both local and national print media, radio and TV. Adventure Day has won the praise of teachers, school counselors, principals, administrators and parents. Adventure Day is a program that makes a difference.

HOW - Two facilitators per class work with your students during the program. Adventure Day is a self-contained program with all materials being supplied by the Adventure Day staff. The teacher can help prepare the students for the event by reading the Adventure Day document entitled “What the Students Should Know” *and* having the students complete the Adventure Day questionnaire prior to the program.

QUESTIONS - Contact program administrator Tom Heck
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