

The following experiential learning exercise is provided by Al Weinberg of Frontline Specialists (www.frontlinespecialists.com). Al shared this game during the IATF TeleSeminar held on February 22, 2012 with Susan Gerke and David Hutchens of GO Team Resources. You'll need to listen to the recording to understand why Al shared this game.

Motives & Methods M&M Activity

Motives = Why we do what we do

Methods = The actions that we do

Set up:

Buy different types of M&Ms such as:

- Peanut
- Almond
- Pretzel
- Peanut butter
- Plain
- Dark

Mix all types together

Directions:

Pass out a handful M&M's to everyone.

Ask them to identify the types of M&M's that they have.

Even though you may think you know, the only way to really know is check it out. Bite into it. to see whats on the inside.